

S T A N D P O I N T

of a dissertation work for the acquisition of the educational and scientific degree "Doctor" of Stanislav Rumenov Gruev on the topic: "Improving the training in sports games for students from the junior high school stage" by professional direction 1.3. Pedagogy of training in the doctoral program "Physical education in the educational system"

Scientific supervisor: Assoc. Prof. Todor Marinov, PhD

Reviewer: Assoc. Prof. Lyubomir Spasenov Borisov, PhD

The present dissertation is a natural result of the work of Stanislav Gruev, as a teacher of physical education and sports, whose interests and knowledge in the relevant field are indisputable. The age, psychological and physiological features in the junior high school stage represent the medical-biological basis on which the requirements for the organization of the educational process in physical education and sports are built. Knowledge of these features and the application of an appropriate teaching methodology in sports games will help to overcome the increasing immobility, lack of motivation, will stimulate activity, will contribute to the physical strengthening of those involved and will be a prevention of aggression at school. In this regard, the presented dissertation work has a corresponding applied value.

The doctoral dissertation authored by Stanislav Gruev is fully in line with the requirements for a similar type of scientific work in the field of theory and methodology of physical education and sports. The presented dissertation has a total volume of 196 pages and contains an introduction, an exposition in three chapters, conclusions and recommendations, used literature and separate appendices. The list of used literary sources includes 163 titles, of which 145 scientific works in Cyrillic, 16 in Latin and 2 Internet

sources. The dissertation is illustrated with 39 tables and 17 figures, which allows a better understanding of the presented material.

The problem in the current development is relevant, as an advanced methodology for volleyball and football training is proposed, which will increase the level of technical preparation and physical performance of students from the junior high school stage.

The first chapter, Statement of the Problem, is composed of four subsections. In this chapter, the doctoral student's ability to analyze and interpret literary and documentary sources is evident and correctly defines the idea and relevance of the researched topic. In the first subsection, the author introduces us to the modern dimensions of physical education. Consistently examines and interprets the existing normative base on physical education, as the knowledge of little-known regulations and development strategies makes a good impression. Following is an introduction to the characteristics of training in physical education and sports. After that, he successively examines the age-specific features in the development of students from the junior high school stage and reveals the possibilities for improving the training. Noteworthy in the literary review is the examination and citation of, above all, contemporary literary sources.

Based on the analysis of a large number of literary and documentary sources on the researched problem, a well-founded working hypothesis is formulated at the end of the first chapter.

In the second chapter, the goal, tasks, object and subject of the research are successfully formulated and prove the author's good methodological and scientific research training. The study contingent was composed of 98 students divided into experimental and control groups. The organization of the research is in 4 stages and reveals the logical sequence in the development of the dissertation work.

The research methodology includes a sufficient number of scientific methods such as: research of literary sources, pedagogical observation, survey, expert assessment, pedagogical experiment, sports-pedagogical testing and mathematical-statistical methods. The test battery includes 10 tests for the assessment of motor abilities and 5 tests for the

assessment of technical abilities. The highly informative mathematical and statistical data processing methods used support and prove the author's thesis.

The third chapter "Analysis of the results" is developed precisely and the data is well interpreted and illustrated with appropriate tables and figures that contribute to the correct and complete presentation of the study. From the survey conducted among 153 teachers of physical education and sports, it is clear that volleyball and football are the preferred sports games when choosing teachers and students. This fact confirms the choice made to develop the advanced methodology. The finding that less than 8% of teachers know the characteristics of the competence approach is impressive. Looking at the comparison between the initial and final data on motor ability tests, it is seen that the results of the experimental group at the end of the study are everywhere reliably better, and on the technical skills tests, the gain of the experimental group is almost everywhere above 100%, again supported with the required level of guarantee probability. These results confirm the effectiveness of the applied advanced methodology.

The conclusions and recommendations are consistent with the research findings and are well-articulated and specific.

The following contributing points stand out in the dissertation work:

1. A new advanced football and volleyball methodology was created and tested, based on knowledge, game exercises and the development of advanced skills in a variable game environment;
2. Criteria have been developed for evaluating the football and volleyball skills of students during a training game.

On the topic of the dissertation, the doctoral student presents 3 independent publications, which are in accordance with the minimum required points for acquiring scientific degrees at the National Sports Academy "Vasil Levski". The abstract is prepared according to the requirements and reflects the main and most important moments of the dissertation work.

Conclusion:

The presented doctoral work of Stanislav Gruev is the result of serious research. In terms of its scope and degree of analysis of the obtained results, it has all the necessary elements of a completed independent doctoral thesis. I believe that he meets the requirements of the Law on the Development of the Academic Staff in the Republic of Bulgaria and the Rules for its Application at the National Sports Academy "Vasil Levski", and I give him an overall positive assessment.

As a result of everything stated up to this point, with sufficient grounds, I propose to the members of the scientific jury to award **Stanislav Rumenov Gruev the educational and scientific degree "Doctor" in professional direction 1.3. Pedagogy of training in.....doctoral program "Physical education in the educational system"**.

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Sofia

Prepared the standpoint:

/ Assoc. Prof. Lyubomir Borisov, PhD /